



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

DISCIPLINE DEDICATION DESIRE

PLATTE RIVER JUDO YMCA OF NATRONA COUNTY

Platte River Judo offers a safe, friendly environment in which everyone is welcome to come and learn Judo. Whether you're a competitive grappler looking for techniques to add to your game, or you're just looking to be physically active and have fun, we have something for everyone.

When

Youth Judo Club meets Tues/Thurs 6:30-7:30pm
Adult Judo Club meets Tues/Thurs 7:30-9:00pm

Ages

We accept students ages 5 years through adult

Where

Platte River Judo meets in the old weight room in the Casper Family YMCA building (315 E 15th Street)

Cost

Judo is free with your YMCA of Natrona County Membership. A membership is required to participate.

