



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

IN UNCERTAIN TIMES, THE Y IS STILL HERE

For more than 60 years, the YMCA of Natrona County has continuously evolved to meet the changing needs of the Natrona County community. And today, our community is going through unprecedented challenges. Though our doors may be closed, we are still working to meet the needs of our friends and neighbors in these uncertain times. That is why we are asking our members and the community at large to stay with us.

Each year, the YMCA of Natrona County reaches people all across the Natrona County community through programs that help everyone reach their full potential, including free community group fitness classes in partnership with David Street Station in the summer months- childcare programs for infant, toddler, preschool and school-aged kids, "Safety Around Water programs" and more. Since the COVID-19 situation arose, The Y shifted its focus and responded quickly as the needs of the Natrona County community changed.

We are providing emergency childcare for first responders, healthcare workers and other essential personnel. These heroes are on the front lines and have enough to worry about—a safe place for their children to continue to learn, play and grow shouldn't be one of them. We are also creating pathways to continue to engage our senior population. Our seniors, many of whom live alone, may be feeling isolated and vulnerable right now. We are committed to helping them feel connected during this scary time. By calling our senior members to check in and make sure they are doing okay and have everything they need. We have been offering at-home and virtual health & wellness opportunities, mental health check-ins and a place to stay connected (to the Y, to our staff and to each other) via social media. Additionally, The Y has partnered with the Wyoming Food Bank of the Rockies to help get food to those in need in our community.

This work is essential to our community, and our Y is in a unique position to provide these services. But we cannot continue this critical mission without your support. If you are a Y member and are able, please consider continuing your membership with us. With our doors closed, your membership dollars will now help us continue this important work. If money is tight right now, please let us know and we can put your account on hold until we reopen. For anyone who is not yet a Y member, please considering joining or donating today to help support our efforts. You can do so by visiting our website www.caspermca.org or calling us at 307-234-9187.

We are just as eager as everyone to reopen our doors and when that time comes, we know it will be an exciting day filled with celebration. Until then, we will continue to do the work that is needed to keep our children safe, our seniors connected and our community healthy. But we cannot do it alone. Please. Stay with us.

Take care and stay well.

Dondi Cortinas
CEO

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Board President

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