FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Family Pool Schedule

School Year Schedule: August-May

Monday

5:30-8	Open Swim
8-9	Water Exercise with Mary
9-4	Open Swim
4-6	Closed to the public for swim lessons*
6-8	Open Swim

Tuesday

5:30-3	Open Swim
3-6	Closed to the public for swim lessons*
6-8	Open Swim

Wednesday

5:30-8	Open Swim
8-9	Water Exercise with Mary
9-4	Open Swim
4-6	Closed to the public for swim lessons*
6-8	Open Swim

Thursday

5:30-3	Open Swim
3-6	Closed to the public for swim lessons*
6-8	Open Swim

Friday

5:30-8	Open Swim
8-9	Water Exercise with Mary
9-8	Open Swim

Saturday
9-3 Open Swim*

Sunday
12-4 Open Swim

(Family pool will have some Saturday public lessons: Aril 2nd-May28th)

WHAT TO BRING:

TOWEL: Pool/shower towels are not provided in our facility.
GOGGLES/TOYS: The Y will not have extras to check out at this time.

*Family Pool will be closed to the public during swim lessons.

Good to Know!

- The only personal floatation devices allowed are coast guard approved lifejackets. (Not allowed: inflatable swans, unicorns, beds and water wings that are not attached to a vest.)
- **Water exercise is open to adults and supervised children at the instructors' discretion.**
- All children age 9 and under must have a responsible individual age 16+ in the pool within arms reach at all times. Anyone age 17 and under must stay in the family pool or shallow end until swim test is passed.
- **The pool will not close if there is lightning. This will be evaluated annually.**
- The swim lesson calendar is available at the front desk. Between lesson sessions the family pool will be open for normal activities.

Water Temperature is 88 degrees.

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Lap Pool Schedule

School Year Schedule: August-May

Monday

5:30-9	Lap Swim
9-10	Lap Swim 3 Lanes, Deep Water Exercise with Jessica
10-4	Lap Swim
4-6	4 Lanes Lap Swim (2 Lanes closed for swim lessons)
6-7	3 Lanes Lap Swim, Water Exercise with Mary
7-8	Lap Swim

Tuesday

5:30-3	Lap Swim
3-6	4 Lanes Lap Swim (2 Lanes closed for swim lessons)
6-7	3 Lanes Lap Swim, Water Exercise with Mary
7-8	Lap Swim

Wednesday

5:30-9	Lap Swim
9-10	Lap Swim 3 Lanes, Deep Water Exercise with Jessica
10-4	Lap Swim
4-6	4 Lanes Lap Swim (2 Lanes closed for swim lessons)
6-7	3 Lanes Lap Swim, Water Exercise with Mary
7-8	Lap Swim

Thursday

5:30-3	Lap Swim
3-6	4 Lanes Lap Swim (2 Lanes closed for swim lessons)
6-7	3 Lanes Lap Swim, Water Exercise with Mary
7-8	Lap Swim

Friday

5:30-9	Lap Swim
9-10	Lap Swim 3 Lanes, Deep--Water Exercise with Jessica
10-8	Lap Swim**

Saturday

9-3 Lap Swim**

Sunday

12-4 Lap Swim

WHAT TO BRING:

TOWEL: Towels are not provided in our facility.

GOGGLES/CAPS: Available at the front desk for purchase.

Good to Know!

- Lap lanes available by reservation only. Ask our membership team how to make a reservation today!
- **Lanes 1-6 (North to South) may be reserved specifically if you prefer one lane over the others. Two of these lanes will be "shared" with up to 2 people able to reserve that lane.**
- Water exercise is open to youth ages 10-13 with completed Youth Fitness Training and direct adult supervision. Anyone under the age of 18 needs to pass a swim test to attend class in the lap pool.
- **A swim test and green wristband is required for anyone 17 and younger to access the lap pool.**
- Public and private lessons will take place in the lap pool as scheduled.
- ****Wibits will be up the last Friday and Saturday of each month. 3 lap lanes will remain available during this time.**

Pool length is 25 yards
36 Laps is one mile
(2 lengths = 1 lap)

Water Temperature is 86 degrees.