

# EXPERIENCES FOR ALL AGES



**AGE GUIDELINES** We're committed to ensuring that youth have a robust and memorable experience each time they visit. To ensure your entire family gets the most out of their experience, use this flier to see what amenities each person can use. Contact the Welcome Center for details!

## CHILDWATCH

- Ages 6 weeks-9 years
- Drop-in care
- Additional \$24/month (available on Household memberships only)
- Parent/guardian must remain in facility

## WELLNESS CENTER

- Ages 9 & under not allowed
- Ages 10-13 allowed with completed Youth Fitness Training and direct adult supervision
- Ages 14-17 allowed with signed code of conduct

## POOL

- Ages 9 & under must have a responsible individual age 16+ in the pool within arms reach at all times
- Ages 10-17 allowed with signed code of conduct (must stay in shallow end until swim test is passed)

## HOT TUB

- Ages 11 & under not allowed
- Ages 12-14 allowed with direct adult supervision
- Ages 15-17 allowed with signed code of conduct

## GROUP FITNESS STUDIO

- Ages 9 & under not allowed
- Ages 10-13 allowed with completed Youth Fitness Training and direct adult supervision
- Ages 14-17 allowed with signed code of conduct

\*Ages 10-17 must have signed code of conduct to utilize facility

\*Direct adult supervision means an adult 18+ is no more than 5 feet away from youth at all times

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## FIELD HOUSE/TRACK/ POOL VIEWING/LOUNGE

- Ages 7 & under must have direct adult supervision
- Ages 8-9 must have an adult in the building
- Ages 10-17 allowed with signed code of conduct

## COMMUNITY STUDIO

- Ages 9 & under not allowed unless participating in a program or rental
- Ages 10-17 allowed with signed code of conduct and active participation in a program  
OR  
have completed Youth Fitness Training (10-13) & have direct adult supervision

## BIRTHDAY PARTY/ TRAINING ROOM

- Ages 18 & under not allowed unless participating in a program or rental

## STEAM ROOMS

- Ages 14 & under not allowed
- Ages 15-17 must have direct adult supervision

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\*Direct adult supervision means an adult 18+ is no more than 5 feet away from youth at all times