

EXPERIENCES FOR ALL AGES



AGE GUIDELINES We're committed to ensuring that youth have a robust and memorable experience each time they visit. To ensure your entire family gets the most out of their experience, use this flier to see what amenities each person can use. Contact the Welcome Center for details!

POOL

- Ages 9 & under must have a responsible individual age 16+ in the pool within arm's reach at all times
- Ages 10-17 allowed with signed code of conduct (must stay in shallow end until swim test is passed)

HOT TUB

- Ages 11 & under not allowed
- Ages 12-14 allowed with direct adult supervision
- Ages 15-17 allowed with signed code of conduct

FAMILY FITNESS ZONE

- Ages 4 & under not allowed
- Ages 5-9 allowed with direct adult supervision
- Ages 10-13 allowed with completed Youth Fitness Training
- Ages 14-17 allowed with signed code of conduct

WELLNESS CENTER/FITNESS ZONE

- Ages 9 & under not allowed
- Ages 10-13 allowed with completed Youth Fitness Training and direct adult supervision
- Ages 14-17 allowed with signed code of conduct

GROUP FITNESS STUDIO

- Ages 9 & under not allowed
- Ages 10-13 allowed with completed Youth Fitness Training and direct adult supervision
- Ages 14-17 allowed with signed code of conduct

*Ages 10-17 must have signed code of conduct to utilize facility

*Direct adult supervision means an adult 18+ is no more than 5 feet away from youth at all times

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FIELD HOUSE/TRACK/ POOL VIEWING/LOUNGE

- Ages 7 & under must have direct adult supervision
- Ages 8-9 must have an adult in the building
- Ages 10-17 allowed with signed code of conduct
- After 6pm any youth 13 & under must have direct adult supervision

COMMUNITY STUDIO

- Ages 9 & under not allowed unless participating in a program or rental
 - Ages 10-17 allowed with signed code of conduct and active participation in a program
- OR
- have completed Youth Fitness Training (10-13) & have direct adult supervision

CHILDWATCH

- Ages 6 weeks-9 years
- Drop-in care
- Additional \$24/month (available on Household memberships only)
- Parent/guardian must remain in facility

BIRTHDAY PARTY/ TRAINING ROOM

- Ages 18 & under not allowed unless participating in a program or rental

STEAM ROOMS

- Ages 14 & under not allowed
- Ages 15-17 must have direct adult supervision

*Ages 10-17 must have signed code of conduct to utilize facility

*Direct adult supervision means an adult 18+ is no more than 5 feet away from youth at all times